



FOR IMMEDIATE RELEASE

August 27, 2012

Mayor Boudreau Announces Wellness Challenge Finale Event

MOUNT VERNON - Mayor Jill Boudreau is hosting a finale event for the Mayor's Wellness Challenge on Thursday, August 30, at 6:30 p.m. at the Lincoln Theatre, 712 S. 1st Street in downtown Mount Vernon.

Mayor Boudreau invites the community to join her in celebrating the Wellness Challenge's success with a screening of the short documentary film "The Family Meal" followed by guest speaker Marilyn McKenna, who will discuss her personal journey to wellness through weight loss and lifestyle changes. Goody bags filled with great items celebrating the event will be available to the first 100 attendees.

The Mayor's Wellness Challenge has hosted free daily events throughout the month of August with over 1,500 participants.

For further information, contact:

Mayor's Office
360-336-6211