

MOUNT VERNON PARKS AND RECREATION



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2017

(course)	(dates)	(days)	(time)	(ages)	(res/non-res fee)	(location)
SOCCER CAMP						
SSA94624	6/26 - 6/30	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145	Hillcrest Park
<i>Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.</i>						
MINI-HAWK CAMP (SOCCER, BASEBALL & BASKETBALL)						
SSA94507	7/24 - 7/28	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$119	Hillcrest Park
<i>This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.</i>						
MULTI-SPORT CAMP (SOCCER, BASEBALL & FLAG FOOTBALL)						
SSA94508	7/24 - 7/28	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145	Hillcrest Park
<i>Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.</i>						
FLAG FOOTBALL CAMP						
SSA97419	7/31 - 8/04	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145	Hillcrest Park
<i>Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.</i>						

Disclaimer: This event/activity is NOT being sponsored by the Burlington, Mount Vernon, Conway, LaConner, Anacortes or Sedro-Woolley School Districts, and these Districts assume no responsibility for the conduct or safety of the event/activity. In consideration for the privilege to distribute these materials, the school districts named shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising of the distribution of these materials, including all costs, attorney's fees and judgments or awards.



**SPACE IS LIMITED!
REGISTER TODAY»»**

ONLINE:
www.skyhawks.com
<http://www.mountvernonwa.gov/>

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 800.804.3509
 360.336.6215